



Arkansas Department of Health

4815 West Markham Street • Little Rock, Arkansas 72205-3867 • Telephone (501) 661-2000
Governor Asa Hutchinson
José R. Romero, MD, Secretary of Health

December 10, 2020

Paul Gigliotti
2021 David's Trail Endurance Run
Mountain Home, AR

RE: 2021 David's Trail Endurance Run

Dear Mr. Gigliotti:

The plan submitted for your event has been reviewed and accepted for implementation.

Signage and more information about COVID 19 can be found on our public website at www.healthy.arkansas.gov.

Adherence to the plan and the Directives of the Arkansas Department of Health are the sole responsibility of the event and organizer noted above. The Secretary of Health, in consultation with the Governor, has sole authority over all instances of quarantine, isolation, and restrictions on commerce and travel throughout Arkansas, as necessary and appropriate to control disease in the state of Arkansas as authorized by Ark. Code Ann. §20-7-109—110. Should this office determine that compliance with the Directive(s) was not maintained at this event, the event applicant may be subject to criminal penalties up to \$500 or civil penalties up to \$1000 for each violation as provided in Arkansas Code Annotated §20-7-101 et seq.

Thanks Much!

A handwritten signature in blue ink, appearing to read "J. Terry Paul".

J. Terry Paul, R.S.
Environmental Health Branch Chief
Arkansas Department of Health
501-661-2171

Terry Paul

From: Paul Gigliotti <paul@pirateperryevents.com>
Sent: Monday, December 7, 2020 1:44 PM
To: ADH Environmental Health; Jeff Jackson (ADH)
Cc: Jake Anderson
Subject: Event Plan Submission, David's Trail Endurance Run
Attachments: COVID Plan for DTER - ADOH.pdf

Mr. Jackson and ADOH,

Please see the attached proposal for COVID related event modifications to the 2021 David's Trail Endurance Run (DTER).

We look forward to your response,

Paul Gigliotti

Paul Gigliotti

Race Director

Pirate Perry Events

paul@pirateperryevents.com

pirateperryevents.com

To: Arkansas Department of Health Representative
adh.ehs@arkansas.gov

From: Paul Gigliotti, Race Director

Thank you for taking the time to review this plan for our community to hold the sixth annual David's Trail Endurance Run (DTER). I am truly appreciative of all you are doing with these challenging times. We in the Mountain Home community want to SAFELY encourage our citizens, friends, and guests to have fun and enjoy this event while safely following the guidelines set forth by the professional organizations such as yours. I have outlined a plan for our volunteers, staff, and athlete to promote healthy choices while having fun and enjoying this event. Please contact me with any questions, concerns, recommendations, or changes required. My contact information can be found at the bottom of this document.

Thank you again for all you are doing for our community and for Arkansas!

Who: Pirate Perry Events & Rocking Chair Resort

What: Sixth Annual DTER

Where: Mountain Home, AR at Rocking Chair Resort

When: Saturday, January 23, 2021. 7:00 am – 9:45 am is runner packet pickup at Rocking Chair Resort, 278 Co. Rd 763, Mountain Home, AR 72653. Races begin at 8:00, 9:00 and 10:00 am.

Why: To promote a safe way for the trail running community to enjoy an actual outdoor, live, trail, race while promoting outdoor activity and a positive economic impact on Mountain Home, Arkansas and the surrounding communities.

Details: On January 23, 2021 we will conduct the 50K, 25K and 7K races along with the tasks to conduct the event to include: packet pickup at Rocking Chair Resort, holding the race itself along David's Trail, providing aid stations, and awards presentation. This year we will not be offering any of the following things which promote unnecessary gathering of people.

- No onsite registration
- No award ceremony
- No participants allowed to approach the timing tent

Arrival, screening, and management of Athletes & Volunteer: All staff / volunteers and athletes will not need to enter any indoor facilities. The resort has ample room to conduct all activities outdoors. All volunteers and athletes will all be screened upon check-in at Rocking Chair Resort. Results will be documented prior to handing out and picking up t-shirts, timing chips and race bibs; taking their temperature (using a forehead measuring thermometer) to ensure they do not have a temperature greater than 100.4. They will also be given a questionnaire which they will have to initial and sign off on. We will ask the following questions per the directive: 1. Do they have fever, cough, shortness of breath, sore throat, or loss of taste or smell, 2. Have they had known exposure to someone with Covid-19 in the past 14 days. If any of these are answered positively, they will be asked to leave the area and not authorized to help or participate. Provided the volunteers pass this screening, they will be required to wear a mask while volunteering.

Signs must be posted at all entrances advising the public not to enter if *They have fever, cough, shortness of breath, sore throat, or loss of taste or smell. *They have had known exposure to someone with Covid-19 in the past 14 days. **If sever weather dictates that we need to move the check in process indoors, we will post all required signage. All volunteers/athletes will be required to wear a mask indoors.**

Signs must be posted at all entrances advising the public that they may wish to refrain from entering if *They are 65 years of age or older. *They have underlying health conditions including high blood pressure, chronic lung disease, diabetes, severe obesity, asthma, or weakened immunity.

Conducting the Event: Prior to the 8:00 am starting time athletes will have checked in and been instructed to maintain wearing their face masks until the race start. As athletes approach the starting line, announcements will be made reminding of the 6 feet requirements and any final announcements will be made by the Race Director (or designated staff member). The start is held on the long dirt road which is the driveway for Rocking Chair Resort. This third of a mile drive will provide ample space for runners to line up and maintain the 6-foot distance of separation. Once the race starts, athletes will be instructed to maintain a 12-foot separation unless they are a family member, running partner or with the intent to pass.

Aid Stations: DTER provides four aid stations for participants. All aid station volunteers will be required to wear face masks and gloves when dispensing and handing out water and sports drink. Any items such as gels will be set on the tables in a fashion that allows the runners to pick up a single item vs. taking from a pile or stack.

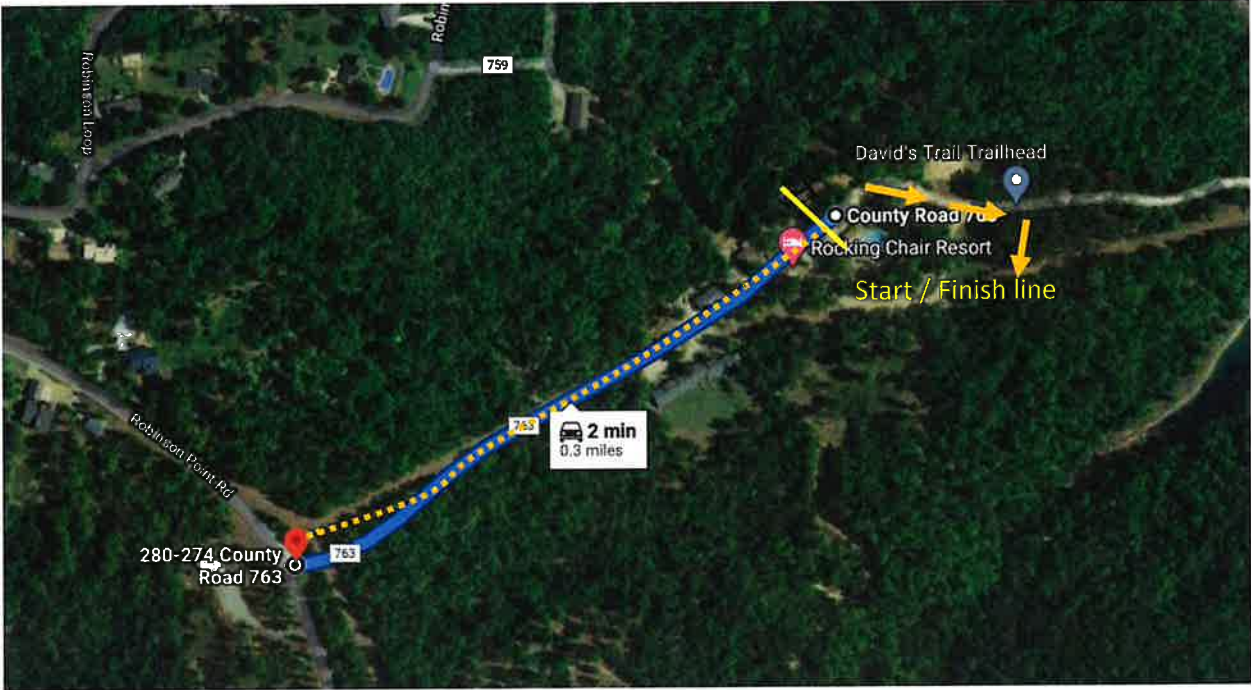
At the Conclusion of the Event: As runners finish the race they can take their own cup/bottle to the coolers that will be manned by a volunteer. The volunteer will dispense into the athletes cup/bottle so that only the volunteer is touching the nozzle. Disposable face masks will be available for those who cannot or do not have immediate access to their own. Any food that is served will be served by a volunteer who will be wearing face mask and gloves. We may provide post-race food in terms of a "grab-n-go" style boxed meal or snack and encourage athletes to use all available outdoor space to eat. Athletes can may also use all of the outdoor space on the premises to wait for awards announcements.

Thank you again for all you are doing! I look forward to hearing from you.
Respectfully,

Paul Gigliotti
Race Director
paul@pirateperryevents.com
(870) 404-8363

Maps:

Map A: Race Start/Finish



Enclosures: Directives from ADH concerning Large Outdoor Venues Amended May 11, 2020, Diagram Outlining Packet Pickup Area, Race Start and Finish Line are found on the following pages.

Additional requirements/adjustments per ADH guidance:

- **Face coverings are required for all persons present, except for children under 10 years of age, who are exempt.**

It will be advertised in advance that face coverings will be required for all individuals above the age of 10 while entering the event up to the registrant's starting time. Movement around the area will require individuals to once again put the face coverings back on to ensure safety for everyone. Six (6)-feet physical distance should be maintained and face coverings shall be required at all times except while racing.

- **Restrooms (portable toilets) should be provided. These facilities should be disinfected before, during, and after the event. Additionally, handwashing sinks/stations or hand sanitizer should be provided in or adjacent to the restrooms.**

Rocking Chair hosts one indoor public restroom and we will bring in one porta-potty. Volunteers will be provided disinfectant and will sanitize at least hourly during the event and again after the event is finished to ensure safety. The sanitizing will be in accordance with the guidance provided utilizing a recommended solution by the ADH and healthcare facilities.

- **Please identify any other high touch surfaces that may exist at this event and advise of the disinfection schedule for those surfaces.**

The only surfaces that may be touched are tabletop surfaces at packet pickup. Tabletop will be sanitized prior to the event, periodically during the event, as well as following the event to ensure the safety of all visitors and guests following the event.

FACE MASK DIRECTIVE PER ARKANSAS DEPARTMENT OF HEALTH

The wearing of face coverings must comply with Executive Order 20-37 and the Face Coverings Directive. This directive requires face coverings at all times, except for persons actively participating in athletic activities when a six (6) feet distance is not achievable and when a face covering is inhibitory to the activity or active exercise. Face coverings that completely cover the nose and mouth are required for everyone 10 years of age or older for indoor and outdoor sports while not actively participating. Children between ages of 2 years and 9 years are strongly encouraged to wear a face covering.

- Athletes
 - For outdoor sports, face coverings must be worn when not actively participating in an outdoor sports activity and there is not ample space to maintain physical distancing of six (6) feet between persons. Face coverings must be worn while actively participating, if the face covering is not inhibitory to the activity.
- Coaches and Staff
 - Face coverings must be worn at all times for indoor and outdoor sports, except for a brief time when coach or staff member has physically distanced at least 12 feet from athletes and other staff.
- Due to the increased respiration and subsequent production of respiratory droplets, runners should maintain 12 feet physical distance while running unless they reside in the same household or have the intent to pass.

Map B: Pickup / post-race

